

Physical Requirements:

In order to participate in San Diego State University's nursing program students are required to travel to agencies and hospitals, and to homes with unpredictable environments. Students need to have the endurance to adapt to a physically demanding program.

Essential Performance Functions:

The following physical, emotional, and cognitive requirements would be necessary to participate in the clinical application courses in nursing:

1. **Strength**: sufficient strength to lift, move, and transfer most patients; to restrain and carry children; to move and carry equipment; and to perform CPR which requires sufficient body weight and adequate lung expansion.
2. **Mobility**: sufficient to bend, stoop, bend down on the floor; combination of strength, dexterity, mobility and coordination to assist patients; ability to move around rapidly; and to move in small, confined areas.
3. **Fine Motor Movements**: necessary to manipulate syringes and IV's; to assist patients with feeding and hygiene; to write in charts; to perform sterile procedures and other skilled procedures.
4. **Speech**: ability to speak clearly in order to communicate with staff, physicians, and patients; need to be understood on the telephone.
5. **Communication**: able to communicate in English both verbally and written format so that students can communicate nursing actions, interpret client responses, initiate health teaching, document and understand nursing activities, and interact with clients, staff and faculty supervisors.
6. **Vision**: sufficient to make physical assessments of patients and equipment.
7. **Hearing**: sufficient to accurately hear on the telephone; to be able to hear through the stethoscope to discriminate sounds; to hear cries for help; to hear alarms on equipment and emergency signals; and various overhead pages.
8. **Touch**: ability to palpate both superficially and deeply and to discriminate tactile sensations.
9. **Emotional Requirements**: The student must have sufficient emotional stability to perform under stress produced by both academic study and the necessity of performing nursing care in real patient situation while being observed by the instructors and other health care professionals.
10. **Cognitive Requirements**: The student must have sufficient cognitive ability to listen, speak, read, write, reason and perform essential mathematical functions (addition,

subtraction, multiplication, division, percentages and fractions without a calculator) at a level that allows processing and understanding of materials and information presented either verbally or in written format.

11. **General Health:** nursing is considered to be a high-risk profession for exposure to Hepatitis B and other contagious disease. Immunizations required by the Department of Nursing reduce this risk for nursing students, but do not eliminate it entirely. The following students need a physician’s note to participate in the program: student with impaired or deficient immune systems; and, pregnant women. Such students must have physician approval prior to participation in clinical courses, and must discuss their situation with the clinical instructor.

Temporary Disabilities:

Although ADA guidelines and California State Law **do not require** that campuses provide accommodations to students with temporary disabilities (disabilities less than 3 months) campuses may decide on a case-by-case basis to provide accommodations and support to temporarily disabled students.

Student Rights and Responsibilities

I understand that these are the “essential performance functions” of a School of Nursing clinical assignment. I have the right to be screened for a Disability Services Application for Services and a Verification of Disability form to SDSU SDS (<http://www.sa.sdsu.edu/sds/index.html>).

I understand that the development of any new disability during my program of study will require immediate notification to the Director of Student Disability Services for consideration and action, and communication with my professor(s) and/or clinical instructor.

I have read the Essential Performance Form and fully understand its contents and implications, and the procedures to follow when requesting a reasonable accommodation.

Applicant’s Signature _____ Date _____

Note: If you have any questions regarding the above form, please feel free to contact Student Disability Services at SDSU.