Popular Upper Division GE Courses for Nursing Students (aka "Explorations")

Please keep in mind that only first-bachelor degree students need these courses/requirements. *If you already have a Bachelor Degree this requirement is waived.*

An exhaustive list of hundreds of options that can satisfy the Explorations is available but the most popular options for Nursing students are:

**Explorations for the Natural Sciences (Area A)**

- ENS 331 - Exercise and Nutrition for Health, Fitness, and Performance
- GEN S 340 - Confronting HIV/AIDS
- NURS 350 - Women's Health Across the Lifespan
- NUTR 313 - Contemporary Nutrition
- An exhaustive list of options is available

**Explorations for the Social and Behavioral Sciences (Area B)**

- ENS 330 - Exercise and Wellness Across the Lifespan
- HHS 350 - Applied International Health and Human Services
- GERO 360 - Diversity and Aging
- PSY 351 - Psychology of Personality
- WMNST 341A - Women in American History
- WMNST 341B - Women in American History
- An exhaustive list of options is available

**Explorations for the Humanities (Area C)**

- HUM 411/REL S 411 - Understanding Evil
- PHIL 330 - Biomedical Ethics
- MUSIC 345 - Music Cultures of the World
- An exhaustive list of options is available